




caldaria
HOTELES Y BALNEARIOS

CALDARIA HEALTH

**CALDARIA
HEALTH
(5 NIGHTS)**

PROGRAMMES

5 NIGHTS *Arnoia/Laias/Lobios*

5-night stays recommended for people with postural overload at work, muscular back contraction, tired legs and frequent lumbago, difficulty getting to sleep, neck pain, people who exercise over long periods or intensely.

Included in the programme:

- 5 nights Full-Board accommodation.
- Thermal Programme:
 - » Personalised initial medical check-up.
 - » Thermal hydro-therapy treatment with medicinal mineral water in hydro-massage baths, general jets, footbaths, local diathermy techniques (*localised parafangos*) and specific massages for each area (*venous drainage, relaxing massages for the back, legs, etc.*). Includes 3 or 4 techniques a day.

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| Price per person per night in double room | 107€ |
| Single room supplement | 25€ person/night |
| Superior room supplement | 50€ person/night |
| Total stay price per person | 535€ |

PROGRAMMES

CALDARIA HEALTH (9 NIGHTS)

9 NIGHTS *Arnoia/Laias/Lobios*

9-night stays recommended for people with chronic rheumatism and ideal for calming joint pain and improving mobility and flexibility of the back and limbs.

Included in the programme:

- 9 nights Full-Board accommodation.
- Thermal Programme:
 - » Personalised initial medical check-up.
 - » The basic treatment includes aerobic exercises in the thermal pool, techniques with medicinal mineral water (*baths, showers, jets, etc.*), dry and humid heaters, massage therapy, diathermy, and ends with thermal resting.

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| Price per person per night in double room | 102€ |
| Single room supplement | 25€ person/night |
| Superior room supplement | 50€ person/night |
| Total stay price per person | 918€ |

INFORMATION

For further information and advice, please contact the Caldaria booking centre.

TELEPHONE 988 280 406

E-MAIL reservas@caldaria.es

NOTES

- Rates current during 2017. VAT included.
- All programme prices are per person per programme in a Standard Double Room.
- 3rd person, 10% discount.
- There is only one season over the whole year.
- Children under 18 cannot undergo thermal treatments without having a medical check-up.
- Entry to these programmes is from Monday to Friday.
- Cannot be accumulated with other offers and/or discounts.



www.caldaria.es
reservas@caldaria.es